

# Central Elementary School September 2018 Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>3</b> <b>No School</b> <b>Labor Day!</b>	<b>4</b> Cheese Sticks Marinara Green Beans Veggie Sticks Chilled Fruit	<b>5</b> Chicken Nuggets Mashed Potatoes <b>Loaded Baked Potato</b> Peas and Carrots Veggie Sticks Hot Roll Chilled Fruit	<b>6</b> Chicken Sandwich <b>Hamburger</b> French Fries Lettuce/Tomato Ketchup/Mustard/Mayo Chilled Fruit Surprise Dessert	<b>7</b> Lasagna <b>Loaded Baked Potato</b> Green Beans Hot Roll Tossed Salad/Ranch Chilled Fruit
<b>10</b> Corndog <b>Loaded Baked Potato</b> Mac and Cheese Veggie Sticks Chilled Fruit	<b>11</b> Taco Pie <b>Loaded Baked Potato</b> Pinto Beans Lettuce/Tomato/Salsa Chilled Fruit Surprise Dessert	<b>12</b> Scrambled Eggs <b>Grilled Ham and Cheese</b> Tator Tots Biscuit and Gravy Veggie Sticks Chilled Fruit	<b>13</b> Chicken Quesadilla Refried Beans Veggie Sticks/ Ranch Salsa Veggie Sticks	<b>14</b> Chicken Fried Steak Mashed Potatoes Homemade Hot Roll Tossed Salad Chilled Fruit
<b>17</b> Beef Tacos Shredded Cheese Refried Beans Lettuce/Tomato/Salsa Chilled Fruit Surprise Dessert	<b>18</b> Spaghetti <b>Loaded Baked Potato</b> Green Beans Hot Roll Tossed Salad Chilled Fruit	<b>19</b> Chicken Noodles <b>Loaded Baked Potato</b> Carrots Hot Roll Tossed Salad Chilled Fruit	<b>20</b> Turkey Wrap <b>Ham Sandwich</b> Lettuce/Tomato Mustard/Mayo Veggie Sticks/Ranch Chilled Fruit/Chips Surprise Dessert	<b>21</b> Fish Sticks <b>Loaded Baked Potato</b> Mac and Cheese Green Beans Veggie Sticks/Ranch Chilled Fruit
<b>24</b> Chicken Crisпитos <b>Loaded Baked Potato</b> Refried Beans Lettuce/Tomato/Salsa Chilled Fruit Surprise Dessert	<b>25</b> Chili Dogs <b>Hot Dogs</b> Chips Veggie Sticks Ketchup/Mustard Chilled Fruit	<b>26</b> Chicken Strips Mashed Potatoes Green Beans Hot Roll Chilled Fruit	<b>27</b> Cheeseburger French Fries Lettuce/Tomato Ketchup/Mustard/Mayo Chilled Fruit	<b>28</b> Beef Vegetable Soup Grilled Cheese Green Beans Veggie Sticks/Ranch Chilled Fruit

Choice of milk and fresh fruit will be served daily. Changes may occur due to commodity availability. Bold Text indicates 2<sup>nd</sup> option.  
 Chef salads are offered daily as another meal choice. This institution is an equal opportunity provider.