

Central Elementary School October 2018 Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 Pizza OR Cereal Yogurt Fruit	2 Pancake on a Stick OR Cereal Toast Fruit	3 Scrambled Eggs OR Cereal Yogurt Fruit	4 French Toast Sticks OR Cereal Toast Fruit	5 Sausage Biscuit and Gravy OR Cereal Yogurt Fruit
8 Burrito OR Cereal Yogurt Fruit	9 Pancake Bites OR Cereal Toast Fruit	10 Donuts OR Cereal Yogurt Fruit	11 Waffles OR Cereal Toast Fruit	12 Chicken Biscuit and Gravy OR Cereal Yogurt Fruit
15 Pizza OR Cereal Yogurt Fruit	16 Pancake on a Stick OR Cereal Toast Fruit	17 Scrambled Eggs OR Cereal Yogurt Fruit	18 French Toast Sticks OR Cereal Toast Fruit	19 Sausage Biscuit and Gravy OR Cereal Yogurt Fruit
22 Burrito OR Cereal Yogurt Fruit	23 Pancake Bites OR Cereal Toast Fruit	24 Donuts OR Cereal Yogurt Fruit	25 Waffles OR Cereal Toast Fruit	26 Chicken Biscuit and Gravy OR Cereal Yogurt Fruit
29 Pizza OR Cereal Yogurt Fruit	30 Pancake on a Stick OR Cereal Toast Fruit	31 Scrambled Eggs OR Cereal Yogurt Fruit	1 French Toast Sticks OR Cereal Toast Fruit	2 Sausage Biscuit and Gravy OR Cereal Yogurt Fruit

Choice of milk and fresh fruit will be served daily. Changes may occur due to commodity availability. This menu is for K-12 Students. Student MUST take 3 components one much include ½ cup fruit or fruit juice. This institution is an equal opportunity provider.