

Central Elementary School October 2018 Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 Chicken Noodles Hot Roll Loaded Baked Potato Carrots Veggie Sticks/Ranch Chilled Fruit	2 Beef and Bean Burrito Mexican Rice Lettuce/Tomato Salsa/Ranch Chilled Fruit Surprise Dessert	3 Chicken Nuggets Mashed Potatoes Corn Hot Roll Tossed Salad/Chilled Fruit Surprise Dessert	4 Hamburger Chicken Sandwich French Fries Lettuce/Tomato Ketchup/Mayo/Mustard Chilled Fruit	5 Chili Chili Frito Pie Cinnamon Roll Tossed Salad Crackers Chilled Fruit
8 Pepperoni Pizza Cheese Pizza Corn on the Cob Tossed Salad/Dressing Chilled Fruit Surprise Dessert	9 Nachos with Cheese Sauce Refried Beans Lettuce/Tomato/Salsa Chilled Fruit Surprise Dessert	10 Mexican Chicken Loaded Baked Potato Corn Tossed Salad/Dressing Chilled Fruit Surprise Dessert	11 Chicken Crisпитos Refried Beans Lettuce/Tomato/Salsa Chilled Fruit	12 Macaroni and Cheese Hot Roll Green Beans Tossed Salad/Dressing Chilled Fruit
15 Chicken Sliders Chips Lettuce/Tomato Ketchup/Mustard/Mayo Veggie Sticks/Ranch Chilled Fruit Surprise Dessert	16 Taco Pie Loaded Baked Potato Pinto Beans Lettuce/Tomato/Salsa Chilled Fruit Surprise Dessert	17 Chicken Fried Steak Mashed Potatoes Hot Roll Tossed Salad Chilled Fruit Surprise Dessert	18 Chili Dog Potato Wedges Loaded Baked Potato Green Beans Veggie Sticks/Ranch Chilled Fruit	19 Chicken Strips Mashed Potatoes Green Beans Hot Roll Chilled Fruit Surprise Dessert
22 Chicken Alfredo Hot Roll Loaded Baked Potato Carrots Tossed Salad/Dressing Chilled Fruit	23 Beef Tacos Shredded Cheese Refried Beans Lettuce/Tomato/Salsa Chilled Fruit Surprise Dessert	24 Scrambled Eggs Grilled Ham and Cheese Tator Tots Biscuit and Gravy Veggie Sticks Chilled Fruit	25 Cheeseburger French Fries Lettuce/Tomato Ketchup/Mustard/Mayo Chilled Fruit Surprise Dessert	26 Spaghetti Cheese Stick Tossed Salad Green Beans Chilled Fruit Surprise Dessert
29 Meatballs Mashed Potatoes Hot Roll Loaded Baked Potato Corn Veggie Sticks/Ranch Chilled Fruit	30 Chicken Quesadilla Refried Beans Lettuce/Tomato Veggie Sticks/Ranch/Salsa Chilled Fruit Surprise Dessert	31 Lasagna Hot Roll Loaded Baked Potato Green Beans Tossed Salad/Dressing Chilled Fruit	1 Chicken Sandwich Hamburger French Fries Lettuce/Tomato Ketchup/Mayo/Mustard Chilled Fruit	2 Beef Vegetable Soup Grilled Cheese Green Beans Veggie Sticks/Ranch Chilled Fruit Surprise Dessert

Choice of milk and fresh fruit will be served daily. Changes may occur due to commodity availability. Bold Text indicates 2nd option. Chef salads are offered daily as another meal choice. This institution is an equal opportunity provider.