

Central Elementary School

November 2018

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 French Toast Sticks OR Cereal Toast Fruit	2 Sausage Biscuit and Gravy OR Cereal Yogurt Fruit
5 Burrito OR Cereal Yogurt Fruit	6 Pancake Bites OR Cereal Toast Fruit	7 Oatmeal OR Cereal Yogurt Fruit	8 Waffles OR Cereal Toast Fruit	9 Chicken Biscuit and Gravy OR Cereal Yogurt Fruit
12 Pizza OR Cereal Yogurt Fruit	13 Pancake on a Stick OR Cereal Toast Fruit	14 Scrambled Eggs OR Cereal Yogurt Fruit	15 French Toast Sticks OR Cereal Toast Fruit	16 Sausage Biscuit and Gravy OR Cereal Yogurt Fruit
19 No School	20 No School	21 No School	22 Happy Thanksgiving!	23 No School
26 Burrito OR Cereal Yogurt Fruit	27 Pancake Bites OR Cereal Toast Fruit	28 Oatmeal OR Cereal Yogurt Fruit	29 Waffles OR Cereal Toast Fruit	30 Chicken Biscuit and Gravy OR Cereal Yogurt Fruit

Choice of milk and fresh fruit will be served daily. Changes may occur due to commodity availability. This menu is for K-12 Students. Student MUST take 3 components one much include ½ cup fruit or fruit juice. This institution is an equal opportunity provider.