## Park Elementary SchoolNovember 2018Breakfast Menu

| Monday       | Tuesday               | Wednesday         | Thursday               | Friday                                  |
|--------------|-----------------------|-------------------|------------------------|---|
|              |                       |                   | 1 French Toast Sticks  | 2 Sausage Biscuit with Cheese           |
|              |                       |                   | OR                     | OR                                      |
|              |                       |                   | Cereal                 | Cereal                                  |
|              |                       |                   | Toast                  | Yogurt                                  |
|              |                       |                   | Fruit                  | Fruit                                   |
| 5 Poptarts   | 6 Pancake Bites       | <b>7</b> Oatmeal  | 8 Waffles              | 9 Chicken Biscuit with Cheese           |
| OR           | OR                    | OR                | OR                     | OR                                      |
| Cereal       | Cereal                | Cereal            | Cereal                 | Cereal                                  |
| Yogurt       | Toast                 | Yogurt            | Toast                  | Yogurt                                  |
| Fruit        | Fruit                 | Fruit             | Fruit                  | Fruit                                   |
|              |                       |                   |                        |   |
| 12 Pizza     | 13 Pancake on a Stick | 14 Scrambled Eggs | 15 French Toast Sticks | 16 Sausage Biscuit with Cheese          |
| OR           | OR                    | OR .              | OR                     | OR                                      |
| Cereal       | Cereal                | Cereal            | Cereal                 | Cereal                                  |
| Yogurt       | Toast                 | Yogurt            | Toast                  | Yogurt                                  |
| Fruit        | Fruit                 | Fruit             | Fruit                  | Fruit                                   |
|              |                       |                   |                        |   |
| 19           | 20                    | 21                | 22                     | 23                                      |
|              |                       |                   | Нарру                  |   |
| No School    | No School             | No School         | Thanksgiving!          | No School                               |
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|              |                       |                   |                        |   |
| 26 Poptarts  | 27 Pancake Bites      | 28 Oatmeal        | 29 Waffles             | 30 Chicken Biscuit with Cheese          |
| OR           | OR                    | OR                | OR                     | OR                                      |
| Cereal       | Cereal                | Cereal            | Cereal                 | Cereal                                  |
| Yogurt       | Toast                 | Yogurt            | Toast                  | Yogurt                                  |
| Fruit        | Fruit                 | Fruit             | Fruit                  | Fruit                                   |
|              |                       |                   |                        |   |
|              |                       |                   |                        |   |

Choice of milk and fresh fruit will be served daily. Changes may occur due to commodity availability. This menu is for K-12 Students. Student MUST take 3 components one much include ½ cup fruit or fruit juice. This institution is an equal opportunity provider.