

Central Elementary School

January 2019

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	1	2	3	4
7 Donuts OR Cereal Toast Fruit	8 Pancake Bites OR Cereal Yogurt Fruit	9 Scrambled Eggs OR Cereal Toast Fruit	10 Waffles OR Cereal Yogurt Fruit	11 Chicken Biscuit and Gravy OR Cereal Toast Fruit
14 Pizza OR Cereal Toast Fruit	15 Pancake on a Stick OR Cereal Yogurt Fruit	16 Oatmeal OR Cereal Toast Fruit	17 French Toast Sticks OR Cereal Yogurt Fruit	18 Sausage Biscuit and Gravy OR Cereal Toast Fruit
21 No School	22 Pancake Bites OR Cereal Yogurt Fruit	23 Scrambled Eggs OR Cereal Toast Fruit	24 Waffles OR Cereal Yogurt Fruit	25 Chicken Biscuit and Gravy OR Cereal Toast Fruit
28 Pizza OR Cereal Toast Fruit	29 Pancake on a Stick OR Cereal Yogurt Fruit	30 Oatmeal OR Cereal Toast Fruit	31 French Toast Sticks OR Cereal Yogurt Fruit	1 Sausage Biscuit and Gravy OR Cereal Toast Fruit

Choice of milk and fresh fruit will be served daily. Changes may occur due to commodity availability. This menu is for K-12 Students. Student MUST take 3 components one much include ½ cup fruit or fruit juice. This institution is an equal opportunity provider.