

Central Elementary School

January 2019

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	1	2	3	4
7 Pepperoni Pizza Cheese Pizza Corn Veggie Sticks/Ranch Chilled Fruit Surprise Dessert	8 Taco Pie Loaded Baked Potato Pinto Beans Lettuce/Tomato/Salsa Graham Crackers Chilled Fruit	9 Chicken Noodles Hot Roll Loaded Baked Potato Steamed Broccoli and Cheese Veggie Sticks/Ranch Chilled Fruit	10 Hamburger Chicken Sandwich French Fries Lettuce/Tomato Ketchup/Mustard/Mayo Chilled Fruit Surprise Dessert	11 Chicken Strips Quick Baked Potato Green Beans Hot Roll Chilled Fruit Surprise Dessert
14 Chicken Nuggets Mashed Potatoes Hot Roll Corn Chilled Fruit	15 Beef and Bean Burrito Pinto Beans Lettuce/Tomato/Cheese Chilled Fruit Surprise Dessert	16 Scrambled Eggs Grilled Ham and Cheese Tator Tots Biscuit and Gravy Veggie Sticks Chilled Fruit	17 Turkey Wrap Ham Sandwich Chips Lettuce/Tomato Mustard/Mayo Surprise Dessert	18 Beef Vegetable Soup Grilled Cheese Green Beans Veggie Sticks/Ranch Chilled Fruit
21 <p style="text-align: center;">No School</p>	22 Chicken Spaghetti Loaded Baked Potato Hot Roll Green Beans Tossed Salad/Dressing Chilled Fruit	23 Meatloaf Mashed Potato Loaded Baked Potato Green Beans Hot Roll Chilled Fruit	24 Corndog Loaded Baked Potato White Beans Cornbread Veggie Sticks/Ranch Chilled Fruit Surprise Dessert	25 Chili Chili Frito Pie Cinnamon Roll Tossed Salad Crackers Chilled Fruit
28 Chili Dog Potato Wedges Veggie Sticks/Ranch Chilled Fruit Surprise Dessert	29 Nachos Refried Beans Lettuce/Tomato/Salsa Sour Cream Tossed Salad/Dressing Chilled Fruit	30 Fish Sticks Loaded Baked Potato Mac and Cheese Chilled Fruit Veggie Sticks/Ranch Surprise Dessert	31 Chicken Sandwich French Fries Lettuce/Tomato Ketchup/Mayo/Mustard Chilled Fruit Veggie Sticks/Ranch	1 Spaghetti Cheese Stick Tossed Salad/Dressing Green Beans Chilled Fruit Surprise Dessert

Choice of milk and fresh fruit will be served daily. Changes may occur due to commodity availability. Bold Text indicates 2nd option.

Chef salads are offered daily as another meal choice. This institution is an equal opportunity provider.